

# ADVANCED LIFE SUPPORT COURSE

## COLLEGE OF ANAESTHESIOLOGISTS & INTENSIVISTS OF SRI LANKA

<b>07:30- 08:00</b>	Registration, pre course MCQ evaluation	
<b>07:30- 08:00</b>	Faculty meeting	<b>30 minutes</b>
<b>08:00- 08:15</b>	<b>Introduction /Overview</b>	<b>15 minutes</b>
<b>08:15 -08:30</b>	<b>Lecture 1 : Advanced Life Support in Perspective</b>	<b>15 minutes</b>
<b>08:30- 08:45</b>	<b>DEMO1 : ABCDE approach</b>	<b>15 minutes</b>

<b>Skill Station 1</b>	<b>A B C D E approach</b>			<b>45 minutes</b>
<b>0845-0930</b>	Room 1	Room 2	Room 3	Room 4
	Group 1	Group 2	Group 3	Group 4

**09:30 -09:50 Tea break - 20 minutes**

<b>09:50 -10:20</b>	<b>Lecture 2: ALS Treatment algorithm</b>	<b>30 minutes</b>
<b>10:20- 10:30</b>	<b>DEMO2 : BLS &amp; Safe defibrillation</b>	<b>10 minutes</b>

<b>Skill Station 2</b>	<b>BLS &amp; Safe defibrillation</b>			<b>45 minutes</b>
<b>10:30-11:15</b>	Room 1	Room 2	Room 3	Room 4
	Group 2	Group 1	Group 4	Group 3

**Instructors swap between – Rooms 1 & 3 - Rooms 3 & 4**

<b>Skill Station 3</b>	<b>Airway &amp; I O</b>	<b>WS- Tachy , Brady</b>	<b>Airway &amp; IO</b>
45 minutes x 2	Room 1	Lecture hall	Room3
<b>11:15 - 12:00</b>	Group 1	Group 2	Group 3
<b>12:00-12:45</b>	Group 3	Group 4	Group 1

**12:45- 13:15 Lunch – 30 minutes**

<b>13:15- 13:30</b>	<b>Summary &amp; Debrief (mentor groups)</b>	<b>15 minutes</b>
<b>13:30-14: 00</b>	<b>Targeted Training/Soft skills - Auditorium</b>	<b>30 minutes</b>
<b>14:00-14:20</b>	<b>DEMO 3 : Cardiac Arrest Simulation</b>	<b>20 minutes</b>

<b>Skill Station 4</b>	<b>CAS Teaching</b>			<b>90 minutes</b>
	Room 1	Room 2	Room 3	Room 4
14:20-14:50	CASTeach 1-2	CASTeach1-2	CASTeach 1-2	CASTeach 1-2
14:50-15:20	CASTeach 3-4	CASTeach 3-4	CASTeach 3-4	CASTeach 3-4
15:20-15:50	CASTeach 5-6	CASTeach 5-6	CASTeach 5-6	CASTeach 5-6

16:00- 16:30	<b>MCQ - Auditorium</b>
16:30- 17:30	<b>CAST Test / Tea Break</b>
17:30- 18:00	<b>Re Test</b>

**17:30- 18:00 Summary – debriefs.**

**Total time excluding refreshment breaks -08 hours.**